



Girls on the Run of Greater Knoxville Head Coach Job Description

Our mission: *To educate and prepare girls for a lifetime of self-respect and healthy living!*

POSITION INFORMATION:

Objectives:

- Develop a positive relationship between yourself and all participants for your specific site
- Create and foster a non-competitive program
- Encourage positive behaviors and reinforce good self-esteem
- Facilitate program with objectivity
- Follow programming workouts to ensure that each girl can complete the 5k run/walk event

Job Summary::

Time Commitment:

- Full 10-week commitment to the program
- Weekly time commitment is 2-4 hours
- Attend mandatory pre-season meeting as well as mid-season meeting
- Attend 5k event

Responsibilities:

- Prepare, organize, and supervise weekly lessons
- Lead program participants through each lesson
- Serve as a role model and mentor
- Coach program participants on proper stretching, running form, hydration, and some nutrition
- Interact with parents of program participants through email and phone calls before the season begins and continue interaction with them throughout the entire season
- Plan and coordinate end of season banquet staying within allotted budget
- Understand and believe in the mission of the organization and act as a spokesperson for the program
- Each Head Coach will work with at least one Assistant Coach
- The Head Coach is the primary link between the Executive Director and the program site; the Head Coach will be responsible for relaying information to the Executive Director regarding site activity; the Head Coach will be responsible for relaying information to the parents sent from the Executive Director

QUALIFICATIONS:

- A strong desire to work in the field of girl development
- Experience working with youth
- Excellent communication skills
- The ability to be flexible and to improvise when needed
- To inspire and motivate others to believe in the Girls on the Run mission
- High organizational skills
- The ability to recognize conflict and have the skills to help resolve it
- The capacity to work in a partnership with a co-coach and/or assistant coaches
- First Aid/Adult CPR certification
- The ability to foster a positive, non-competitive environment which recognizes the value of each girls' contribution to the team!

TRAINING AND SUPERVISION:

- Mandatory Pre-Season meeting for all coaches
- Adult CPR certification (if needed)
- Regular site visits will be made by the Executive Director and the Training Coordinator to ensure that the coaches are following the curriculum
- Coaches will be evaluated throughout the season
- Email updates to relay new ideas to all coaches throughout season

EXPERIENCE:

The ideal candidate will have the following:

- Believes in and lives a healthy lifestyle
- Has worked with girls aged 8-14 in a girl-positive environment
- Has volunteered in direct service organizations
- Has awareness of the common and different needs of girls
- Is able to deal with conflict between girls aged 8-14

BENEFITS:

- Opportunity for personal growth that results from leading weekly lessons
- Opportunity to make a difference in the lives of area girls through facilitating the program and serving as a role model and mentor
- Opportunity to increase interpersonal skills from working closely with the girls and their families and learning first-hand about the issues that young girls face in today's society
- Program t-shirt and water bottle
- Receive free entry to Wondergirl 5K and race shirt
- Receive discount coupon to use at New Balance Knoxville
- Recognition as a Girls on the Run Coach by the Executive Director

HOW TO APPLY:

Please mail, fax or email a completed application and three references to:
Raellen Simpson, Executive Director
Girls on the Run of Greater Knoxville
P.O. Box 31135
Knoxville, TN 37930
info@gotrknnoxville.org
(p) 865.712.9979
(f) 866.695-8780