



Girls on the Run of Greater Knoxville Volunteer Application

Please print clearly and return this application with a list of two references to:

Girls on the Run of Greater Knoxville

PO Box 31135

Knoxville, TN 37930

info@gotrknoxville.org

1-866-695-8780 (fax, toll free)

THANK YOU for your interest in volunteering with Girls on the Run! Once you return your application, we will contact you to talk more about volunteering with Girls on the Run. We are looking forward to working with you!

LAST NAME: _____ FIRST NAME: _____

HOME ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

BIRTHDATE: _____ T-SHIRT SIZE: S _____ M _____ L _____

HOME PHONE: _____

WORK PHONE: _____

CELL PHONE: _____

EMAIL: _____

PREFERRED METHOD OF CONTACT:

- E-mail
 Home phone (time of day: _____)
 Work phone (time of day: _____)

Please answer the following questions:

1. I am interested in serving as a **Girls on the Run:**

_____ Head Coach (open to women only)

_____ Assistant Coach

_____ Running Buddy for 5K race (women only)

_____ 5k Volunteer

_____ Marketing/Administrative volunteer

- _____ Spokesperson/Representative at open houses, volunteer fairs, etc.
 - _____ Fundraiser and/or Grant Writer
 - _____ Other - Please explain:
-

2. I prefer to work with **Girls on the Run**:

- _____ Weekdays, early afternoons (2:30pm-4:30pm)
 - _____ Weekdays, late afternoon or early evening (4pm-7pm)
 - _____ Weekends
 - _____ Other - Please list times:
-

3. If you are interested in coaching, please check the area(s) of Knoxville that you would prefer to volunteer in [please check all that apply]:

- _____ Knox County Schools – Specific Site _____
- _____ Anderson County Schools – Specific Site _____
- _____ Blount County/Maryville Schools – Specific Site _____
- _____ Sevier County Schools – Specific Site _____
- _____ Loudon County Schools – Specific Site _____

Additional Information

1. How did you hear about Girls on the Run?

- Friend, please share their name with us so we can thank them:

- _____
- Poster/Sign Website Volunteer Fair/Open House

- Other: _____

2. What is your experience working with children, specifically in 3rd-5th grades?

3. Please list your current and/or past volunteer experience and the length of time you volunteered:

4. Special skills/qualifications you possess that would be of value to Girls on the Run:

5. Why do you wish to volunteer with Girls on the Run and/or what attracted you to our program?

6. Why is working with girls and /or running important to you?

7. Name one of your strengths and one of your challenges, especially in reference to working with girls.

8. How do you envision your coaching style (if you are planning to serve as a coach or assistant coach)?

9. What do you do to maintain the balance in your life?

10. As a coach or volunteer, what is the one thing that you want the girls to specifically learn from you?

11. Why would you be a good role model for these girls?

12. Please list two individuals who can serve as references for you and your character.

Name	Contact Information	Relationship to You

13. Please briefly list your education background.

14. Do you have a friend that might be interested in receiving information about our programs? Please share their contact information here:

Name: _____ Email: _____

Phone: _____

As a **Girls on the Run** policy, coaches must be drug-free and tobacco-free and must not consume excessive amounts of alcohol. Girls on the Run of Greater Knoxville reserves the right to dismiss volunteers for violation of this policy. By signing below, you solemnly swear that you are abiding by all of the above policies and the terms set forth in the head or assistant coach job description.

Signature _____ Date _____

BACKGROUND CHECK AUTHORIZATION/CONSENT

During the application process and at any time during the tenure of my employment/service with Girls on the Run of Greater Knoxville ("The Company"), I hereby authorize ChoicePoint Services Inc., on behalf of The Company to procure a consumer report (known as an investigative consumer report in California) which I understand may include information regarding my character, general reputation, or personal characteristics.

